

Health Updates

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We did it! We've made it to Alert Level 1.

A few simple rules for our Diocesan whanau to live by at Alert Level 1:

1. Please keep up the good hygiene practices. Wash hands regularly and thoroughly, cough into your elbow and stay home if you're sick.
2. Please ensure good hand hygiene is practiced by those administering communion. Keep using your hand sanitiser.
3. Please keep up good cleaning practices, especially in your kitchens and bathrooms. But there's no need to regularly clean 'high touch points' anymore.
4. Stay home if you're sick and encourage your parishioners to do the same.
5. Please keep displaying the good hygiene / hand washing posters in common areas like the entrance to your church, kitchens and bathrooms.
6. Please keep a diary of who you've had contact with each day, just in case the information is needed for contact tracing.
7. Wash your hands!

Be aware that some people will be anxious about returning to 'normal life' and may be concerned about being in close proximity with others, hugging, shaking hands etc. We've previously sent out lots of tools for assisting with mental health, but if you as a Parish leader need advice please get in touch with the Dio office and we will connect you to advice and support.

A quick note on **Contact Tracing**. This is now optional but the government is encouraging organisations to use a poster for the Contact Tracing App. The Diocese is going to arrange for all parishes who want a poster to have one sent to them